



Adult Horsemanship Classes

Dear Applicant:

For many adults, summer camp brings back fond memories of bunk beds, sing-alongs, and campfires. The nostalgia of being a carefree kid, discovering activities, and making new friends can now be fulfilled. Let your inner child loose and join us for our adult and youth horsemanship classes--because riding isn't just for kids anymore!

Applicants will be placed in groups that are skilled based and based on experience.

Applicants will:

- Learn proper horse safety
- Learn about equine behavior and how to develop a meaningful partnership
- Learn how to groom and tack
- Learn ground based techniques to safety lead and communicate with their horse
- Learn proper mounted communication aids
- Learn and practice riding skills based on experience
- HAVE FUN!

Details:

- Class placement will depend on riding ability level. Applicants will be placed in groups that match their skill set.
- Each class will run for 2 hours, 1 time a week and will include both mounted and unmounted education.
- **Dress Code:** Please dress for riding, working outside and in the barn. Riding or long pants are preferred as well as closed toe shoes or tennis shoes.
- **Riding Helmets:** We require each participant to bring their own ASTM/SEI certified helmet. Expired helmets will not be permitted (must be within 5 years of the manufactures date). If you do not have your own helmet, we will provide details on proper fit and ordering information. Please contact Beth Yurkovac, Operations Manager at 757-566-1775, ext 300 if you are unable to provide your own helmet.
- **Weight Limit:** Maximum weight is 250 pounds (*assuming Dream Catchers has a horse available to meet this guideline*)

Sessions and Cost

Session	Dates	Cost	Registration Deadline
2020 Fall Session	9/8/20 to 11/21/20 (11 weeks)	\$660.00 (\$60 per week)	8/28/20
2020-21 Winter Session	11/30/20 to 3/6/21 (12 weeks)	\$720.00 (\$60 per week)	11/1/20



Adult Horsemanship Classes

COVID-19 Information

Dream Catchers has continued to monitor the COVID-19 updates from our local, state, and federal agencies. It is our continued responsibility to ensure the safety of all our Dream Catchers' Family members. We are following all of the Governor's guidelines and taking a conservative approach to ensure minimal risk to everyone coming onsite.

- Riders will only be permitted in the barn and their designated working arena (indoor or outdoor). The office building will be closed.
- Upon arrival, everyone will be expected to wash their hands at a hand washing station following CDC hand washing guidelines.
- No other guests will be permitted on the property.
- We have implemented strict cleaning protocols, including cleaning lesson equipment.
- Groups will be limited to a maximum of 3 people per group.
- We will not require you to wear a mask while leading, riding, and in some cases in the barn. You may choose to wear a mask during these times if you would like.
- You may wear riding gloves during your lessons, but please refrain from wearing disposable gloves while at the Center.
- We will require anyone on the property to follow social distancing.
- We will require each person to perform a self-health check prior to coming to their lesson each time. This will be done in the form of an emailed survey and communicated to our Operations Manager. A phone call option will be available for those who do not have computer / email access.

Please contact Beth Yurkovac at 757-566-1775, ext 300 or email byurkovac@dreamcatchers.org if you have any additional questions. We look forward to seeing you!

Completed applications can be:

- Emailed to Beth Yurkovac at byurkovac@dreamcatchers.org
- Faxed to 757-566-1772, Attention Beth Yurkovac
- Mailed to PO BOX 1261, Williamsburg, VA 23187, Attention Beth Yurkovac



Adult Horsemanship Classes
APPLICANT INFORMATION

Applicant Name: _____ Date: _____

Height: _____ Weight: _____ Age: _____ Date of Birth: _____

Address: _____

City: _____ State: _____ Zip Code: _____

Phone: (H) _____ (W) _____ (C) _____

Email Address: _____

How did you hear about our adult horsemanship classes? _____

Please list any allergies we need to know about: _____

Please list any medical conditions we need to know about: _____

I prefer a (please check one) Morning Lesson Time Afternoon/Evening Lesson Time

Please share any additional scheduling preferences or restrictions you may have: _____

I am registering for (please check as many that apply). Late applications may be accepted. Please call to confirm.

Check Box	Session	Registration Deadline
<input type="checkbox"/>	2020 Fall Session	August 28, 2020
<input type="checkbox"/>	2020-21 Winter Session	November 1, 2020



Adult Horsemanship Classes

Please list current/past experience with horses: _____

Please share some specific goals that you would like accomplish: _____

Riding Ability Levels

Total Beginner – Total beginners have little experience (if any) at all with horses in general. They may have been on a "trail ride" at a rental stable once or twice, but they do not know general horse handling or the basic aids to make the horse move forward, turn, trot, stop, and back unassisted. They cannot saddle or bridle a horse themselves and are not comfortable handling a horse from the ground.

Advanced Beginner – Advanced beginners have a little experience with horses. They may have grown up around horses or taken a few lessons. They may not be able to saddle and bridle a horse by themselves. An Advanced Beginner can mount and walk off unassisted. They know how to ask the horse to move forward, turn, and stop. They may also be able to even trot or canter on a very smooth, well-broke horse.

Novice - Novice riders have some pretty basic experience with horses. They have possibly had a few lessons, maybe owned a horse as a child (or recently), but have not competed or trained young, green horses. They can catch, halter, groom, saddle and bridle a horse by themselves. They can mount and ride off unassisted. A novice rider may or may not be able to rise (or post) to the trot, but they can trot without bouncing and can stay comfortable with a slow canter on a gentle, well-broken horse. They should know how to ask and obtain a slow controlled walk, trot/jog and canter/lope. They can change direction and circle their horse. They are learning what a diagonal is and leads are.

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Intermediate - The intermediate rider has taken lessons or trained under a mentor for a while, rides in a specific discipline (or has experience in several disciplines) and may compete. He or she has ridden several different types of horses and can independently manage a horse's care. Their seat is secure, they do not apply unintentional aids to the horse when they lose balance or become unseated. They know how to rise or post to the trot and ask for and obtain a specific lead or change in lead. They are capable of riding a less experienced horse and helping in that horse's training. They are able to train/compete at a more advanced level with a trainer's assistance. The intermediate rider is knowledgeable about different horse breeds and disciplines. He or she knows basic horse conformation and can detect lameness issues.

Please Select Your Riding Ability Level

- Total Beginner Novice
 Advanced Beginner Intermediate

CONFIDENTIALITY POLICY

Maintaining the confidentiality of our participants' medical and sensitive information is of utmost importance to the staff at Dream Catchers. Participants and their families have a right to privacy that gives them control over the dissemination of their medical or other sensitive information. Dream Catchers staff and volunteers will preserve this right of confidentiality for all individuals in its program. DC staff, volunteers, and workshop participants will keep confidential all medical, social, referral, personal, and financial information regarding a person and his/her family. All participants, their families, volunteers, employees, and guests have a right to confidentiality. Equine Facilitated Psychotherapy and Speech services are medical services and federal confidentiality regulations apply for participants in these services. Anyone who works, volunteers for, participates in, or provides services to Dream Catchers is bound by this policy. This includes, but is not limited to, full and part time staff, independent contractors, temporary employees, volunteers, and guests. In effect, this policy applies to anyone connected to Dream Catchers who could obtain medical/sensitive information accidentally or purposely. Confidentiality includes photographic/video imaging. I affirm that I understand this policy in its entirety and I agree to comply.

Participant/Volunteer/Guest/Staff Signature (Parent / Guardian if under 18)

Date

MEDIA/ VIDEOGRAPHY / IMAGING RELEASE

- I DO I DO NOT

consent to and authorize the use and reproduction by *Dream Catchers* of any and all photographic, any other audio/visual materials taken of me and/or my child or the participant for whom I am the legal guardian of, and any artwork produced by me and/or my child or the participant for whom I am the legal guardian of or other family members for promotional material, educational activities, and exhibitions or for any other use for the benefit of the program.

Participant/Volunteer/Guest/Staff Signature (Parent / Guardian if under 18)

Date



Adult Horsemanship Classes

AUTHORIZATION FOR EMERGENCY MEDICAL TREATMENT

Name: _____ DOB: _____

Address: _____

City/State/Zip: _____

Phone #'s: (H): _____ (C): _____ (W): _____

In the event of an emergency, contact:

Name: _____ Phone: _____

Relationship: _____

Physician's Name: _____ Physician Phone: _____

Medical Facility: _____ Facility Phone: _____

Health Insurance Company: _____ Policy #: _____

In an effort to provide the best care possible please indicate below:

I am allergic to the following medications: _____

I have the following ongoing medical conditions (diabetes, seizures, etc): _____

Participant/Volunteer/Guest/Staff Signature (Parent / Guardian if under 18) Date

CHECK ONE OF THE OPTIONS BELOW TO INDICATE CONSENT OR NON-CONSENT FOR EMERGENCY MEDICAL TREATMENT

CONSENT FOR EMERGENCY MEDICAL TREATMENT

DO consent for emergency medical treatment in the event emergency medical aid/treatment is required due to illness or injury while being on the premises of or in connection with Dream Catchers.

I authorize Dream Catchers and/or its representatives to:

1. Obtain medical treatment and/or transportation if needed:
2. Release records upon request to the authorized agency or its representative involved in the medical emergency treatment.

NON-CONSENT FOR EMERGENCY MEDICAL TREATMENT

DO NOT give my consent for emergency medical treatment in the case of illness or injury while on the premises of or in connection with Dream Catchers. In the event emergency medical aid/treatment is required due to illness or injury while being on the premises of or in connection with Dream Catchers I wish the following procedure to take place (**LIST PROCEDURE ON LINE BELOW**):

***Note: Dream Catchers is unable to guarantee that emergency medical treatment will be withheld**

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Adult Horsemanship Classes Release, Waiver & Indemnity Agreement

I, the undersigned or parent or legal guardian of the undersigned (either as a "Participant, Volunteer, or Staff"), desiring to utilize the premises known as the Cori Sikich Therapeutic Riding Center and the adjoining properties known as 10128 Fire Tower Road and 10102 Fire Tower Road, and any adjoining property owned by Daniel Potter, Karen K. Potter, Neal E. Knemeyer, or NDK Investments, LLC, and Jennifer and Joshua Thibeault, and their heirs, for their properties located at 10046,10058,10070 Fire Tower Road, Toano, VA 23168 collectively known as "the Premises") and the facilities either owned or controlled by Dream Catchers at the Cori Sikich Therapeutic Riding Center ("DCTR"), and to participate in programs offered by DCTR (the Programs), do hereby affirm that as a Participant, Volunteer, or Staff is voluntarily entering upon the Premises to participate in the Programs, and I, as the undersigned or parent or legal guardian of the undersigned, do hereby willingly enter into this Release, Waiver and Indemnity Agreement.

I recognize that, under Virginia law, an equine activity sponsor or professional is not liable for an injury to or the death of a Participant, Volunteer, or Staff in equine activities resulting exclusively from the inherent risks of equine activities. I fully understand that the activity of mounting, riding, boarding, feeding, or even being near a horse, involves numerous dangers and risks of injury to the Participant, Volunteer, or Staff and I completely release the owner of the Premises, and DCTR and its officers, directors, volunteers, employees, or its agents from any and all liability for any and all injuries from the Participant's, Volunteer's, or Staff's engagement in the Programs offered by DCTR.

I expressly agree that this Release, Waiver, and Indemnity Agreement shall be governed and construed as being sufficient to satisfy the assumption of risk and waiver requirements necessary to relieve equine activity sponsors and equine professionals from liability under the Virginia Equine Activity Liability Act, Section 3.1-796.130, *et seq.* of the Code of Virginia (the "Act"), and the owners of the Premises, DCTR and its officers, directors, volunteers, employees, and agents are covered as equine activity sponsors and/or equine professionals by the provisions of the Act. This Release, Waiver, and Indemnity Agreement shall be governed and construed by the laws of the Commonwealth of Virginia, regardless of where any injury or loss shall occur. In the event that any portion of this Release, Waiver, and Indemnity Agreement shall be declared unenforceable, such declaration shall not affect the remaining terms of this document, which shall survive intact.

I am also aware and consent to Participant's, Volunteer's, or Staff's inclusion in a study performed by DCTR that, in the interest of improving the quality and effectiveness of the programs offered, will gather data on the program participants. Such data will include, but not limited to, the age, gender, dates of participation, and level of satisfactions of the program participants. Program participants may be selected for the study at random, and DCTR affirms that all program participants not selected for the study will be treated in a manner substantially identical to those program participants. Data will be held strictly confidential and not published in any way or as part of any publication.

I hereby give my permission to participate in the Programs offered by DCTR as a Participant, Volunteer, or Staff, and in consideration, agree individually and as applicable, on behalf of my child or ward, to the terms of the above agreement and release of liability.

Printed Name of Applicant, Volunteer, Guest, or Staff

Date

Signature of Applicant, Volunteer, Guest, or Staff

Signature of Parent or Guardian of Applicant, Staff, Guest, or Volunteer if under the age of 18



Adult Horsemanship Classes COVID-19 Assumption of Risk and Waiver of Liability

Coronavirus/COVID-19 Warning and Disclaimer

The novel coronavirus, COVID-19, has been declared a worldwide pandemic by the World Health Organization. COVID-19 is extremely contagious and is believed to spread mainly from person-to-person during close contact. Participating in or observing activities at Dream Catchers at the Cori Sikich Therapeutic Riding Center (the "Center") could increase your risk of contracting COVID-19, and **Dream Catchers cannot guarantee that you will not become infected with COVID-19.**

Acknowledgment of Risk

I, the undersigned, for myself and, if applicable, as parent/guardian on behalf of the minor named below, hereby acknowledge and agree that in consideration for the undersigned participating in or observing activities at the Center: (1) the undersigned is assuming the risks related to COVID-19 inherent to gathering with others and using common facilities and hereby waives the undersigned's rights to claim liability of Dream Catchers or others resulting from the assumption of such risks; and (2) Dream Catchers is not responsible for sickness or for loss of any kind as a result of COVID-19. I further understand that certain activities at the Center will require additional safety precautions and equipment due to COVID-19, and that, due to physical safety concerns and sudden emergent conditions, certain activities may not permit social distancing of 6 feet per person at all times.

Dream Catchers has taken certain steps to implement recommended guidance and protocols issued by the Centers for Disease Control and Prevention and the Virginia Department of Health for slowing the transmission of COVID-19. The undersigned acknowledges receipt of Dream Catchers' current policies and requirements for participation in or observation of activities at the Center in response to such guidance and protocols ("Dream Catchers' COVID-19 policies and requirements"). The undersigned acknowledges and agrees that Dream Catchers may revise its policies and requirements at any time based on updated recommended guidance and protocols issues by the public health agencies. **The undersigned agrees to comply at all times with Dream Catchers' COVID-19 policies and requirements.**

By signing this agreement, **I acknowledge the contagious nature of COVID-19 and voluntarily assume the risk that I may be exposed to or infected by COVID-19 while at the Center and that such exposure or infection may result in personal injury, illness, permanent disability, and/or death.** I understand that the risk of becoming exposed or infected by COVID-19 at the Center may result from the actions, omissions, or negligence of myself or of others, including Dream Catchers. I hereby forever release, waive, discharge, and hold harmless, and agree not to sue or assert any claim against, Dream Catchers (including its directors, staff, employees, volunteers, and agents) for any loss or damages arising from such exposure or infection. I understand that by signing this document, all liability of Dream Catchers (including its directors, staff, employees, volunteers, and agents) to myself for any such loss or damages will be forever extinguished.

I, the undersigned, have read, understand and accept the terms of this Assumption of Risk and Waiver of Liability form. I further acknowledge that no oral representations have been made to me as an inducement to sign this form.

Printed Name of Applicant, Volunteer, Guest, or Staff

Date

Signature of Applicant, Volunteer, Guest, or Staff

Signature of Parent or Guardian of Applicant, Staff, Guest, or Volunteer if under the age of 18

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Payment Information

Payment is due in full with your completed application.

Please contact Beth Yurkovac, Operations Manager with any questions or special payment requests (757-566-1775, ext. 300)

Applicant Name: _____

Parent/Guardian Name: _____

Address: _____

City: _____ State: _____ Zip: _____

Home #: _____ Cell #: _____ Work #: _____

Email: _____

Please make a payment selection:

I/We choose to pay in the following way:

- By cash
- By check
- By Credit Card (Please complete the information below)

VISA MC AMEX DISCOVER Card Number: _____

Name on Card: _____

Expiration: _____ Security Code: _____ Billing Zip Code: _____

Authorized Signature: _____ Date: _____